

# Ground Zero

Recovered | Restored | Repurposed

## Sexual Freedom Resources

Ground Zero exists to set men and women free from the bondage and shame of sexual addiction, by helping them walk through their healing process to be **Recovered**, **Restored** and **Repurposed** by Christ. This process of healing will directly impact families, communities and eventually the nation by creating strong individuals living in complete freedom.

### **Blogs/Websites:**

Ground Zero: [www.groundzeroinc.org/](http://www.groundzeroinc.org/)

Covenant Eyes: [www.covenanteyes.com/blog/](http://www.covenanteyes.com/blog/)

Zion Church: The Marriage Lab series (Pastor Keith Battle)  
[zionchurchonline.com/sermon-archive](http://zionchurchonline.com/sermon-archive) |

### **Counseling Resources:**

**Dr. Doug Weiss | Heart to Heart Counseling Center**

[www.drdougweiss.com/](http://www.drdougweiss.com/)

719.278.3708

**Gary & Sharon Worrell | Strategies for Healing**

[strategiesforhealing.com/](http://strategiesforhealing.com/)

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[strategiesforhealing.com/](http://strategiesforhealing.com/)

**Pure Desire**

[www.puredesire.org/en/](http://www.puredesire.org/en/)

**New Life | Steve Arterburn**

[newlife.com/](http://newlife.com/)

### **Find a Small Group:**

**Ground Zero: Felix & Ashley Gilbert**

[www.groundzeroinc.org/](http://www.groundzeroinc.org/) (Join the Email List)

Mens Small Group: Felix Gilbert [felix@groundzero.tv](mailto:felix@groundzero.tv)

Womens Small Group: Ashley Gilbert [ashley@groundzero.tv](mailto:ashley@groundzero.tv)

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### Heart to Heart Counseling Center:

[www.drdougweiss.com/](http://www.drdougweiss.com/)

### Strategies for Healing

[strategiesforhealing.com/](http://strategiesforhealing.com/)

### Pure Desire

[www.puredesire.org/en/](http://www.puredesire.org/en/)

### Celebrate Recovery

[www.celebraterecovery.com](http://www.celebraterecovery.com)

### Every Man's Battle

[newlife.com/emb/](http://newlife.com/emb/)

### Resources:

#### Accountability Computer/Phone Software/App:

- Circle: [mbsy.co/circlemedia/23369669](http://mbsy.co/circlemedia/23369669)  
[meetcircle.com/](http://meetcircle.com/)
- Covenant Eyes: [www.covenanteyes.com/](http://www.covenanteyes.com/)
- Safe Eyes: [www.internetsafety.com/](http://www.internetsafety.com/)

#### Online Resources/Store:

- Dr. Doug Weiss : [www.drdougweiss.com/shop/](http://www.drdougweiss.com/shop/)

#### Small Group Tool Kits:

- Pure Desire  
[www.puredesire.org/en/](http://www.puredesire.org/en/)
- Heart to Heart | Dr. Doug Weiss : [www.drdougweiss.com/product-category/sets/](http://www.drdougweiss.com/product-category/sets/)
- New Life:  
[store.newlife.com/products.aspx?categoryid=69](http://store.newlife.com/products.aspx?categoryid=69)
- Undone Redone:  
[undoneredone.com/](http://undoneredone.com/)

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### **Kids:**

Protect Young Minds:

[protectyoungminds.org/](http://protectyoungminds.org/)

Educate Empower Kids

[educateempowerkids.org/](http://educateempowerkids.org/)

### **Books:**

#### **Kids & Family**

- 30 Days of Sex Talks (Ages 3-7)
- 30 Days of Sex Talks (Ages 8-11)
- 30 Days of Sex Talks (Ages 12+)
- Good Pictures Bad Pictures - Kristen Jenson

#### **Sexual Addiction Books:**

- Life Recovery Devotional – Stephen Autoburn
- 6 Types of Sex Addicts
- Sexual Addiction - Gary & Sharon Worrell

#### **Dr. Doug Weiss**

- Clean
- 5 Sex Languages
- 101 Freedom Exercises
- Steps to Freedom
- The Final Freedom
- Helping Her Heal
- Addicted to Adultery
- Addict to Addict
- After Infidelity
- Why Men Lie
- Final Freedom
- Passion for Purity
- Lust Free Living

#### **Books on Marriage (Healing in Marriage)**

- Intimacy: A 100 Day Guide to Lasting Relationships-Doug Weiss
- Every Man's Marriage - Steve Arterburn
- Every Woman's Marriage - Shannon Etheridge

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## Sexual Freedom Resources

- 30 Day Marriage Makeover - Dr Doug Weiss
- Love & Respect - Emerson Eggerichs
- 5 Love Languages - Gary Chapman
- Married & Alone - Dr. Doug Weiss
- Sacred Marriage - Gary L. Thomas
- Intimacy Anorexia - Dr. Doug Weiss
- Boundaries in Marriage - Henry Cloud
- His Needs Her Needs - Willard F. Jr. Harley
- Every Heart Restored - Fred & Brenda Stoeker
- Real Marriage - Mark Driscoll

### **Books for Men:**

- Clean – Doug Weiss
- Sex Men & God – Doug Weiss
- Every Man's Battle - Steve Arterburn
- Sexual Addiction - Gary & Sharon Worrell
- Passion for Purity - Dr. Doug Weiss
- Worthy of Her Trust - Steve Arterburn

### **Books for Women:**

- Beggar's Daughter - Jessica Harris
- Every Woman's Battle - Shannon Etheridge
- The Sexually Confident Wife - Shannon Etheridge
- She Has a Secret - Dr Doug Weiss
- Sexual Addiction - Gary & Sharon Worrell
- Sacred Influence - Gary L. Thomas
- The Fantasy Fallacy - Shannon Ethridge
- Breaking Free - Beth Moore

### **Partner Recovery:**

- Beyond Love - Dr. Doug Weiss
- Calming the Storm of Anger - Dr. Doug Weiss
- Now THat I know What Should I Do - Dr. Doug Weiss
- Healing from His Addiction - Dr. Doug Weiss
- Compelled to Control - J. Keith Miller

### **Books on Teens & Parents:**

- Born for War - Dr Doug Weiss
- Princess Take Longer than Frogs - Dr. Doug Weiss
- Believe - Dr. Doug Weiss

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- Letters to my Daughter - Dr. Doug Weiss
- Every Young Man's Battle
- Preparing Your Son for Every Man's Battle
- Preparing Your Daughter for Every Woman's Battle

### **Singles/General:**

- Boundaries in Dating - Henry Cloud
- Battlefield of the Mind - Joyce Meyer
- Lady in Waiting - Jackie Kendall
- Sex Men & God - Dr. Doug Weiss
- Every Single Woman's Battle - Shannon Ethridge